

Arrellia
PRESSKIT2015



“THOUGH SMALL IN STATURE,
ANDERSON’S PRESENCE WAS LARGER
THAN LIFE”

Sacramento Press.com

**PUBLIC SPEAKER. MOTIVATOR. TEACHER.
MINISTER. AUTHOR. ENTREPRENEUR.**

Aurellia is dedicated to helping people discover their purpose and identify ways in which they can live better lives. Her incredibly honest and deep compassion for others exceeds depths of many. To be both a leader and a servant is the greatest gift, and Aurellia is that gift.

Aurellia obtained her Bachelor degrees in English and Psychology from Howard University, Master of Divinity from Duke University, Clinical Pastoral Education Internship from Dallas Children’s Medical Center, Residency Certificate from Sutter Medical Center. Aurellia is a trained clinical Chaplain, Marriage & Family Therapist Trainee and licensed minister with Evangelical Covenant Church. Aurellia is a member of Alpha Kappa Alpha Sorority Incorporated, Eta Gamma Omega Chapter. She has travelled to Peru to be a guest lecturer and preacher.



Anderson is the owner and President of Hidden Gem, a company which seeks to inspire and empower women to discover the gem inside and live their lives on purpose. She is author of *The Journey: Past, Present, Future*. Anderson has long been a catalyst for the mental and socio-emotional needs for women and children. She has since become an advocate for meeting those needs and plans to do so through the special relationship between spirituality and mental health.

As a Lifestyle Motivator and Coach, Aurellia hosts and speaks at numerous conferences and events throughout Northern California. She also provides one-on-one sessions with individuals wanting to discover their true purpose and calling in life. She lives in Sacramento, CA with her family and is set to release her second book, *Lipgloss, Blazers & Shoes: Who You Are and Where You’re Going*, Fall 2015.

COMPANYBIO

SERVICES OFFERED

PUBLIC SPEAKER. LIFE MOTIVATOR. COACH. HOST.

In her own unique way, Aurellia Anderson inspires and motivates audiences to explore their own identity and discover their life's purpose. She offers organizations, churches, businesses, and schools the benefit of professional coaching (fresh perspectives on challenges and opportunities, enhanced thinking and decision making skills, enhanced interpersonal effectiveness, and increased confidence in carrying out chosen work and life roles) in a large group setting.

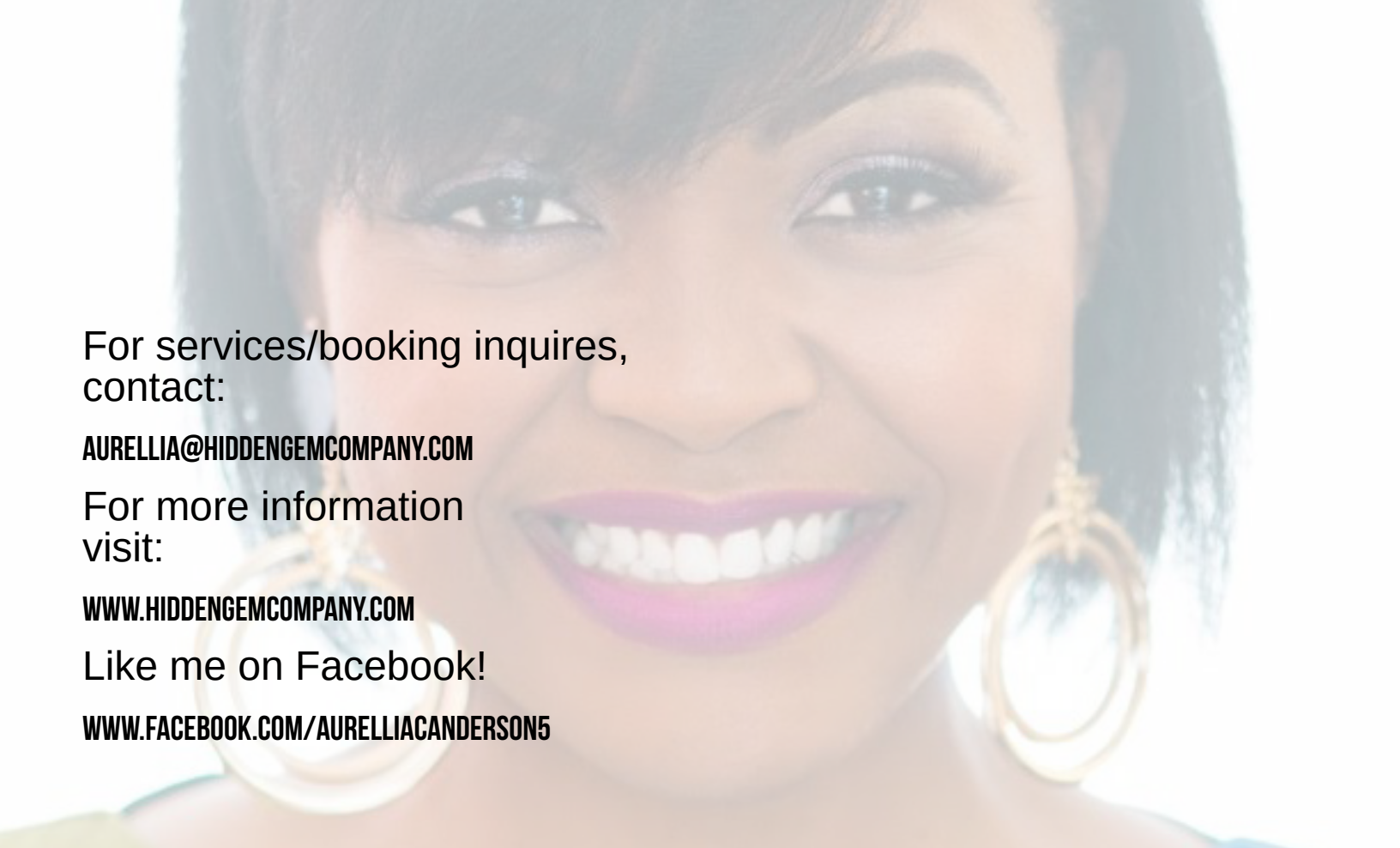
LIFE PURPOSE SESSION WORKSHOP

Whether an invited guest speaker or hosting her own event, Aurellia presents a Life Purpose Session Workshop, a one-time 60-minute session focusing on the challenges that hinder progress and growth towards one's dreams. Life Purpose Session Workshops will inspire attendees to jumpstart the process to long lasting results towards their goals. Aurellia uses a group model for the workshops believing the attendees will spark flames of creativity in each other.

LIFE PURPOSE SESSIONS TEEN EDITION

High School Seniors are given the opportunity to explore their interests and passions which will result in direction after they graduate. This will help them be more focused as they enter the work force or college or pursue other post secondary opportunities.





For services/booking inquiries,
contact:

AURELLIA@HIDDENGEMCOMPANY.COM

For more information
visit:

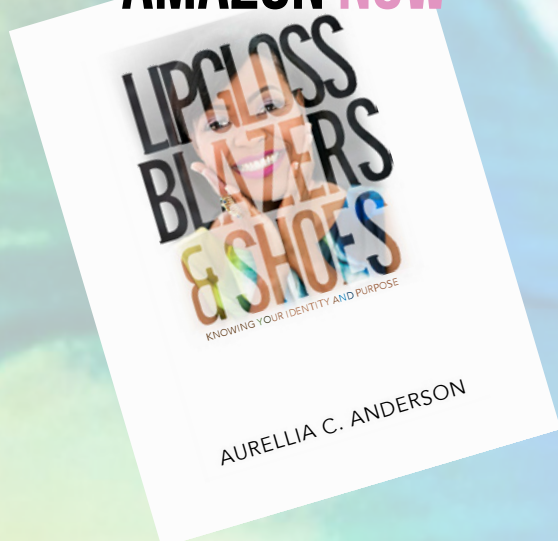
WWW.HIDDENGEMCOMPANY.COM

Like me on Facebook!

WWW.FACEBOOK.COM/AURELLIACANDERSON5

BOOKING INFO

**PURCHASE YOUR COPY ON
AMAZON NOW**



THE IDENTITY & PURPOSE TOUR -
"DISCOVERING WHO YOU ARE, WHERE YOU ARE GOING IN LIFE
AND WHO TO EMPOWER ONCE YOU GET THERE"

Fall 2015